

December

2018

High School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Trix, Cocoa Puff, or Cinnamon toast Crunch Bar String Cheese Orange Non Fat Milk	4 Turkey Pancake Wrap Orange 100% Fruit Juice Non Fat Milk	5 Berry French Toast Orange Non Fat Milk	6 Fudge or Strawberry Pop-tart String cheese Orange 100% Fruit Juice Non Fat Milk	7 Strawberry or Blueberry Nutri-Grain Bar Orange Sting Cheese Non Fat Milk
10 Breakfast Sliders Apple Non Fat Milk	11 Blueberry Waffles Apple 100% Fruit Juice Non Fat Milk	12 Strawberry or Blueberry Nutri-Grain Bar String Cheese Apple Non Fat Milk	13 Chocolate, Blueberry, & Apple Muffin Apple String cheese 100% Fruit Juice	14 Apple Frudel Banana Non Fat Milk
17 Maple Waffles Orange Non Fat Milk	18 Cinnimini Roll Orange 100% Fruit Juice Non Fat Milk	19 Turkey Pancake Wrap Orange Non Fat Milk	20 Mini Strawberry or Cinnamon Bagel Orange 100% Fruit Juice Non Fat Milk	21 Strawberry or Fudge Pop-tarts String Cheese Orange Non Fat Milk
24 NO SCHOOL HAPPY HOLIDAYS!	25 NO SCHOOL HAPPY HOLIDAYS!	26 NO SCHOOL HAPPY HOLIDAYS!	27 NO SCHOOL HAPPY HOLIDAYS!	28 NO SCHOOL HAPPY HOLIDAYS!
31 NO SCHOOL HAPPY HOLIDAYS!	1 NO SCHOOL HAPPY HOLIDAYS!	2 Berry French Toast Orange Non Fat Milk	3 Mini Strawberry or Cinnamon Bagel Orange 100% Fruit Juice Non Fat Milk	4 Cheez-its String Cheese Apple Non Fat Milk

Breakfast is the most important meal of the day! It has been proven that students who eat breakfast will perform better in school. Encourage your child to eat breakfast with us!

Consuming raw or undercooked food may cause foodborne illness

Wyoming Valley West School District



Breakfast is Free for ALL Students!!
Milk: Chocolate, Skim, & 1% Milk Offered Daily
Strawberry when available
Juice: Fruit Punch, Orange, & Apple Juice
BAGEL W/ CREAM CHEESE SERVED DAILY

Menus are subject to change without notice.

